

2010 Programme of Events

20 January 2010 Strictly Salsa!	Strictly Salsa! Dust off your dancing shoes and learn to Salsa with Max & Silvia from Salsa y Sol.
24 February 2010 Is your bra fitting comfortably?	An evening of lingerie and bra fitting with Dani from Boudoir Blush, coupled with a talk about breast awareness and care.
17 March 2010 Calling all Chocoholics!	Everything you need to know about chocolate from award winning chocolatier, Mark Tilling - including tastings!
21 April 2010 Getting Plastered!	First Aid for beginners! A fun and interactive session to give us advice and instruction on adult and children's basic life support, choking and the recovery position.
19 May 2010 A taste of India!	A chef from the Rimjhim Restaurant will instruct us in the art of authentic Indian cookery – including tastings!
16 June 2010 Do-Re-Mi	Learn to sing! A singing lesson with members of the Tudor Roses. Who knows, we may get to sing Jerusalem?
21 July 2010 Garry's Games!	Working in teams this will be an evening of fun & games and mental challenges!
August	No meeting.
15 September 2010 Self Defence!	An interactive session to teach the basics of self defence with the Premier Martial Arts Academy from Chandlers Ford.
20 October 2010 It's a Wrap!	Learn the art of making your gifts look great! A 'hands-on' session where we will learn how to wrap a variety of different shaped items and make them look like they've been wrapped by a professional!
17 November 2010 Happy 1st Birthday!	It's the AGM and our first birthday! Come along to our birthday party and celebrate our first year.
15 December 2010 The Holly & the Ivy!	Learn how to make the perfect decoration for your Christmas table. In true 'Generation Game' fashion, we will watch a demonstration by The Ladybird Florists and then be let loose to make our own to take home!